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PSYCHOLOGY OF THE SOUL. Chapter 9.6

So, when we are excited, we are releasing our own light; we are transforming that light which was stored. Let's remember that this light has been stored from the sun and has been transformed into emotions.

Dopamine and excitement:

We are going to study what happens to what we call excitement in depth. Let's suppose that we dissect our brain and catch the sublime excitement from every event. We are going to take just one thing to realize its importance. Let's take the dopamine and the dopaminergic way. Those are very important ways; first, because there are dopamine receptors in the whole organism; second, because dopamine is a molecule that represents the evolution of light inside men. It comes from another molecule –a more primitive one-; an amino acid called thyroxin.

What is thyroxin? It is a light storage, a resonator of electrons, what allows us to have melanin and pigment in our skin. It is what allows some of us to have blue eyes, and others to have green or black eyes...

The miracle of melanin, melanocytes, and all this movement occurs because of our sensitivity to light. This happens because light gets in resonance with electrons in the thyroxin conjugated ring. This conjugated ring rotates at a certain frequency, and this rotation frequency gets in resonance with the light frequency so that it can be stored.

Therefore, thyroxin is a light storer. Throughout a process of deoxidation and methylation, thyroxin becomes dopamine, so that, our emotions are that light we have primitively received in thyroxin.

When we are excited, we are enlightened; it means, if something is exciting, is enlightening. If it is not exciting, is not enlightening.

The human way is the way of passion, from which a burning fire lights in our heart. That burning fire was lighted by the sun and was gathered for us in the thyroxin molecule that has to transform into a dopamine molecule and, finally, into a noradrenalin molecule. Noradrenalin and dopamine are two daughters of thyroxin, one of the light storers. Thus, when we are excited, we are releasing our own light, we are transforming that light that was stored. Let's remember that this light has been stored from the sun and has been transformed into emotions. Later, dopamine and noradrenalin are released.

Let's take dopamine that is a package of light. This package is firmly packed by forming a complex polymer that is called melanin. Melanin is oxidized with light and becomes black, just as happens to peeled potatoes.

Actually, melanin is oxidized dopamine; dopamine that, with light presence, becomes black. That is why there is a substance called "nigra substance" within the brainstem. The nigra substance is part of that brain zone where we produce more dopamine. When we stop producing dopamine, we may produce disorders like the Parkinson disease.

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