



07/08/2007

(Print view)

HEALING: Cure from Consciousness. CHAPT. 5

Let's say that illness is a fact in nature that reveals a friction between spirit and matter, so consciousness can be revealed.

We live as if we were divided; therefore one of the objectives of life is to build a whole personality, a unified one. We have to solve problems of our dissociations and incorporate our physical body with our energy field. We have not recognized the energy inside us. Our personality does not get integrated, because body goes in one direction and energy in another; this is the first dissociation. Inside us there is energy as well as matter. Matter is a hypothesis; matter is energy. That is what Einstein has told us already. Energy is our substance. The acknowledgement of the fact that we are made of energy takes to an expansion of consciousness. Ancient people called that expansion of consciousness, the first initiation; however the name, if it is an initiation or not, is not important to us as much as that we access to our energy field and can recognize it.

The second recognition is to know that we live in our wishes, aspirations, feelings, and emotions that are the body too. Those are a field of consciousness in which we breathe, from which we feed on. That is an important recognition for the healer, because 70% of our chronic illnesses has its origin in that body. Obviously it affects our heart; it makes our stomach burns; it makes us to have colitis, arthritis or what self-antibodies mobilize. All this belongs to the physical world; but the fact that illnesses are physical does not mean that they come from there. For example, when we frequently have an inflamed joint, that inflammation is due more to the loss of self-recognition or resentment than to the loss of self-antibodies. In the presence of inflammation, we pay attention to antibodies, but where there is a molecule, there is a consciousness package. That consciousness can be physical,

energy or emotional, which is more frequent. The drama of our medicine is that it has not recognized the emotional field, as the great generator of disturbances that had led to illness until now. We could say that a 20% of illnesses has its origin in the energy field and in the physical field. Around a 70% of illnesses has its origin in disturbances of the emotional field (which we will learn to recognize) and only 10% has its origin in the mental field. That takes us to deny some of the conclusions and a little from “new age” and modern movements which state that every illness is mental.

First statement: illness is not mental. This is a conclusive statement, “illness does not come from mind”: It comes from the disuse of mind. Precisely, from your “dementia” that you do not use your mind. Even though, if we would use our mind with more intelligence, a lot of illnesses and a great part of the disorder of the emotional field would disappear. Second, illness is a fact in nature. I have not seen a metal reflecting on something, but it corrodes and rusts itself, that is an illness. Rust takes metals too. I assume plants do not do a lot of meditation or movement of its thoughts; however they have viruses, bacteria, plagues and get sick. Let’s say that sickness is a fact in nature which reveals a friction between spirit and matter so consciousness can be revealed. This can take us to regard viruses as a part of the evolution strategy. Viruses were not created for nothing. When we relate ourselves inadequately to world, viruses invade us, as any opportunist. But these are codes of genetic intelligence which are introduced in our cellular nucleus. These are the so-called growing factors that our cells need to live, and were introduced there - to the cellular mechanism- by viruses. Then viruses are not such a catastrophe as we describe them. These are genetic engineers at the service of peace, which are not so catastrophic. The same happens with bacteria. They form an intelligent program inside you; a flora which is in your skin, in mucous membranes, in your mouth, in your nose, in your stomach, but also in your blood. Blood is full of bacteria, certain kind of bacteria which are normal in blood. If we would calculate and weigh them, all of them would weigh more than the liver. So, that idea of using antiseptics and antibiotics on a hectic way is a little compulsive. It is okey that when we are invaded by viruses, we have to control them, but such

invasion is due to the fact that we have lost balance. Balance in connection with world, diet, our nature. There are imbalances that we call illnesses. We coexist with bacteria. If you do not have any kind of bacteria in your intestine, you would not have vitamin B12, which would produce nerve myelin degeneration, and we would be paralyzed. Thanks to these microscopic animals, we do not get paralyzed. If we would not have billion of microscopic animals in our intestine controlling enzymes, olygo-elements, cofactors, minerals and metals, digestion, and absorption would not work, and we could not nourish on. Then we count on all of them. Bacteria are part of our nature, part of nature.

We live in a war's medicine. Healing is to try to get out of that war's medicine paradigm. We live in a death struggle against vermins, bacteria, viruses, microbes, death, aids, and many other things. We do not do a truly "health system" from our health system, but an illness system. We are against illness and have not recognized its sense, its message, and its language. We do not understand what it wants to tell us. This gives us the creeps, because there is a lot of cancer. Yes, there is a lot of cancer, and we would have a lot more. No matter how we burn, irradiate and poison people, we will continue having tumors and cancer. What is the reason? Because, socially we have a cancer; we devour each other; we exploit ourselves; we create multinational companies that own every thing and suck our blood. We have planetary failures on wealth, energy, and culture distribution. There is hypoxia and cells without oxygen, on hypoxia, they multiply and degenerate themselves producing cancer. Socially, we have the materialistic cancer of consumerism. Then, obviously, we have a cancerous culture; therefore, at an individual level, we will have cancer, because we pollute and over-exploit Earth and our Earth does not have selenium.

When we talk about healing, in global terms, we are trying to cure our consciousness, and others' consciousness of Earth. If we do not heal our Earth, we would not achieve individual health. If we do not heal our relationships, we would live in emotional conflicts which would affect our physical field.

(PREVIOUS) (NEXT)

Jorge Carvajal Posada