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PSYCHOLOGY OF THE SOUL. Chapter 9.8

Chaos is the destructor's method and, without that method, the creator, the man, cannot build a new reality. There is a destructor's archetype inside us that will destroy the old order to make emerge a new one.

During the break time, three patients, who are going to teach us a lot, have arrived. One of those people is a frightened woman; she feels a special fear. She has been diagnosed with pulmonary hypertension. Obviously, this gives her pulmonary problems; dyspnea when she is interrogated. It is not a congenital disorder since she has been suffering from dyspnea and respiratory problems just for the last three or four years.

When we interrogate her, her life's decisive factor is fear; a big fear of projecting herself towards the world; a big fear to go out in the world. She gets a first chance of going out in the world with her first job. She feels so frightened of projecting herself and revealing herself. What is now written on her lungs is a fear of meeting the world so, she remains deep down limited and she does not feed herself from her pulmonary artery. Her heart, which is a vascular network, is dissociated from her lungs that are like her will of living.

Respiratory rhythm has to do with lungs; that is why it is so difficult to stop smoking for someone who smokes. People who smoke have the will for everything but stopping to smoke, because they are connected to an organic circuit that has to do with will. Their will is, somehow, sick. There are two circuits: that of the lungs, which has to do with a will of living in respiration, and that of the heart, which has to do with arteries.

What do the love for life and the will to live it involve?

When we talked to the woman, we talked to her mother and she told us that the girl refused to be born. She was not born within nine months, but ten months. But, why did she refuse to be born? Because her mother went through an extreme situation. She had an accident of an eleven-month son. The mother felt an intense, mortal fear at about the eight month of pregnancy so that, her daughter was afraid for her life and she was frightened of getting out. Thus, the mother's consciousness was added to the daughter in such a way that she developed a pulmonary stenosis -that was not by chance- by the time of being reborn to life. If she was born with a congenital stenosis, it would have appeared at an earlier age. It appeared by the time of her second birth; by the exteriorization time. That fear brings out as an obstruction of the fourth center (love center). Fear blocks love and hinders its external manifestation.

The following case is that of a person who tells us that after going through a very traumatic change situation in his/her childhood, he/she was placing his finger into his/her mouth again. This person has a trauma and he/she automatically places his/her finger into his/her mouth again; it means, he/she assumes a regressive attitude. Those attitudes in which we freeze in an inward stage, previous to the consciousness development, cause that chaos has not been lived as an opportunity, but as a catastrophe; that we have suffered chaos as victims and we have not been the authors at the moment of the storm.

Let's say that chaos has intrinsic forces in such a dimension that we can use them in two ways: to destroy ourselves or to build a superior order.

Chaos is the destructor's method and, without that method, the creator, the man, cannot build a new reality. There is a destructor's archetype inside us that will

destroy the old order to make emerge a new one. But if that destructor's archetype is not accompanied by the creator, it may lead us to self-destruction. Many drug problems are, for instance, the destructor's archetype that acts without the creator's compensation. It is a destructor that acts within us without a consciousness in such a way that it becomes a compulsive destruction. It is a very common compulsion in our culture due to our lack of knowledge to live the change process from chaos.

Finally, let's remember that, on the moment of chaos, we have an extreme sensitivity; we have the seeds of a new order and life cannot be the same. So, two opportunities come to us: life bifurcates up or down. That depends on us since it can be a creative chaos or a destructive chaos. One or the other force predominates.

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