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HEALING: Cure from Consciousness. CHAPT. 4

Soul is what remains in you; it is what never dies; it is what sees through your eyes, it is what touches lightly in your caress; it is what dreams in your dreams. It is the interior inhabitant.

Let's admit that we have two essences and devote to them. Let's assume it as a hypothesis. One is the Soul in its own level. Soul is the quality of life. It is what is concealed behind our appearance. It is the Guardian Angel, the Solar Angel, Angel of Presence, the Lord of Sacrifice or the Lord of Presence. Soul has been named in many ways, with a lot of names and family names, according to our religious conception. Soul is what remains in you; it is what never dies; it is what sees through your eyes; it is what touches lightly in your caress; it is what dreams in your dreams. It is the interior inhabitant. It is what uses your instrument; it is the musician who plucks your guitar or your violin strings. It is the one that uses your character or your personality potential. It is the one that uses the raw material of your temperament. Then ask ourselves if there is someone that lives inside us, someone who look through our eyes. Do the eyes look? No, it is the brain that looks. Does the brain look? No, it is your mind that looks. Does your mind look? No, it is your Soul that looks through your mental body which uses brain and eyes. So we do not identify anymore ourselves with our eyes, our retina, our brain, not even with our mind, but with the observer who is inside us. Let's call it: the observer.

We have a world we perceive through our senses and to perceive it we have to do an outer journey, to project ourselves through our senses; but we have a world that is perceived deep inside, and that world implies an inside journey. So there are two kinds of journeys: a journey to the outside and another one to the inside. We call the outer journey the all-senses journey; we reveal ourselves through senses. And

the inside journey, that we call the return journey, is the consciousness journey. The healer's journey is the one that goes from senses to sense. The synthetic sense is the Soul. Soul is consciousness. Soul gives a sense to senses.

That is what allows us take all peripheries toward the center, for observing, feeling, resounding and recognizing. Let's say that those two journeys are also determined through two paths, by two ways: one of them, the knowledge. Through the eye of the reason and senses, we travel outside, toward the external world, toward books, libraries, toward others' reasoning, toward the experience of direct knowledge; and then we get the knowledge. But this knowledge is still external; it is not an attribute of the being; it is something that is added to us from outside. There comes a time in which knowledge is chewed, is assimilated, is turned into flesh, protein and blood; it is turned into a way of living and that inner journey of knowledge to "recognition" upon returning to know what is external inside us, is the journey toward Wisdom. That is the apprentice journey. When we look at the world from outside, we are in a path that is a path of ignorance and we repeat ourselves, become dependent on someone else, deny our free will, and our liberty. We are dependent on authorities, on external knowledge, external conventions. But when we take a journey toward our inside, we chew, think over, and return to think the world. We recreate it and in that recreation, we recognize ourselves; we know ourselves again in a world that is not outside anymore, but inside us. We build an interior universe; we step on the creation territory and recreate life. It is not a life repeated in the routine, directed by external laws, but a life created inside and directed by marvelous laws, the ones of consciousness.

Consciousness laws are Soul laws. Let's look: there is an external world, the one of appearances, the world of physical surroundings that is ruled by physics laws. But there is an inner world, the person's world, the one that is in the center of every person, a world in which knowledge turns into recognition, and recognition turns into a living wisdom. That inner world is the one of consciousness laws. That is the healer's journey.

For healing, we introduce ourselves in the person's world, inside the subjective world, but not less real. We are confused because we think that what is subjective is unreal but it is more real and deep than all that is real. In that world of the person, consciousness arises. Consciousness is born from the observer. When the observer is in the center, the one who observes is the Soul, and Soul is your essence. In the Soul, you can discover what is good, what the will is, what your life plan is, what beauty is, the person's mystic path and, what is true, the path of genuine intelligence, the one that allows you discover a reality that is part of you. Let's say that it is the movement we are trying to undertake.

But we could say that every thing that is philosophy and philosophy without a technology does not have any sense. Philosophy makes us enter in an escape reaction. When something is beautiful or transcendental, but it is far away from daily life we end moving away from it. It is like when God is too distant, a punisher, perfect, and transcendental. The result is that we are afraid and move away from Him, but we would never love Him. What if we had a God closer to our heart? What if we had a philosophy closer to our life? What if we could take all these things to our daily life?

In fact, the idea is that we can translate all these in terms of daily life. To this purpose, we will build a personality among us, because we have not constructed it.

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